



WORK EXPERIENCE

Research Technician

Biomedical Research Institute of Girona (IDIBGI) [06/2024 – 12/2024]

- Coordination and execution of patient recruitment efforts for the European OPADE Project, ensuring adherence to study protocols and timelines.
- Conduction of psychological assessments of enrolled patients diagnosed with Major Depressive Disorder.
- Supervision of the collection and systematic preparation of biological samples by the nursing staff, ensuring proper documentation and delivery to the biobank.

Research Assistant

World Health Organization [06/2023 – 12/2023]

- Clean up of a given database to ensure consistency and facilitate the statistical analyses
- Collaboration with healthcare authorities to validate the data, ensuring accuracy and relevance
- Interpretation and elaboration of a results report to provide meaningful insights and practical recommendations for healthcare stakeholders and WHO officials

Research Assistant

Open University of Catalonia / Barcelona Education Consortium [05/2023 – 12/2023]

- Coordination and organization of fieldwork for the public health project in elementary schools of Barcelona
- Conduction of focus groups for children and adults
- Analysis of quantitative and qualitative databases
- Interpretation and elaboration of result reports

Research Assistant

Àgora Group [10/2022 – 12/2023]

- Assess the performance of a program for the treatment of fibromyalgia
- Analysis of databases of patients with fibromyalgia, interpretation and elaboration of result reports
- Engage in in-person sessions with patients to evaluate the implementation of the program, ensuring alignment with research objectives

Assistant Clinical Psychologist

Hospital de la Santa Creu i Sant Pau [01/2020 – 04/2020]

- Conduction of interviews and psychological assessments for patients with mental disorders and neurodegenerative diseases
- Elaboration of psychological reports for diagnostic purposes

Assistant Clinical Psychologist

Dr. Pi i Molist Care Facility [04/2020 – 11/2020]

- Provide psychological support for individuals with severe mental disorders

- Design and implementation of individualized programs
- Promotion of autonomy and psychosocial reintegration and organization of community activities

EDUCATION AND TRAINING

MSc. in Research in Clinical and Health Psychology

Autonomous University of Barcelona [09/2022 – 07/2023]

Final grade: 9,16 / 10 (Spanish grading system) | Level in EQF: EQF level 7

MSc. in General Health Psychology

Autonomous University of Barcelona [09/2019 – 02/2021]

Final grade: 8,05 / 10 (Spanish grading system) | Level in EQF: EQF level 7

BSc. in Psychology

Rovira i Virgili University [09/2015 – 07/2019]

Final grade: 7,62 / 10 (Spanish grading system) | Level in EQF: EQF level 6

LANGUAGE SKILLS

Mother tongue(s): Spanish | Catalan

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

Dutch

LISTENING A1 WRITING A1 SPOKEN PRODUCTION A1

SPOKEN INTERACTION A1

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

PUBLICATIONS

[Pending publication] Impact of the COVID-19 pandemic on mHealth adoption: Identification of the main barriers through an international comparative analysis

Jiménez-Zarco, A., Cámara, S., Bosque, M., Espelt, A., Torrent-Sellens, J., Adib, K., Davtyan, K., Dos Santos, R., Saigí, F. / *International Journal of Medical Informatics*

Implementation and Evaluation of the Program "Transformem els Patis"

Assisted with field work and statistical analyses for the report currently being finalized by the main authors.

DIGITAL SKILLS

Data analysis

R & Stata v.16

Proficient in managing data sets, data analysis and interpretation techniques