# Programme

| 8:30 | Registration |
| 9:00 | Welcome greetings: Massimo Inguscio, President of the National Research Council (CNR) of Italy  
Tullio Pozzan, Director of the Biomedical Sciences Department, CNR |
| 9:15 | Opening remarks and moderation: Massimo Volpe, President of the Faculty of Medicine  
and Psychology, “Sapienza” University of Rome and President of the Italian Society  
for the Cardiovascular Prevention (SIPREC) |
| 9:30 | Oxidative stress and cardiovascular diseases: new frontiers for new therapies, Lorenzo Loffredo,  
Professor of Internal Medicine, “Sapienza” University of Rome and President  
of the Italian Atherosclerosis Society (SISA) for the Lazio region |
| 10:00 | Live longer without dementia, Stefania Maggi, Researcher Director, Neuroscience Institute, CNR Padua |
| 10:30 | Lecture: The future is now: the role of redox signaling, Gary Samuelson, PhD University of Utah, USA |
| 11:15 | Coffee break |
| 11:45 | Moderation: Gianluca Sotis, Head of the Prevention and Safety Section (SPP), CNR  
Cardiovascular prevention: from functional foods to intra-cellular anti-oxidation,  
Roberto Volpe, Researcher, CNR Rome |
| 12:15 | The role of physical activity as an anti-oxidant, Michelangelo Giampietro,  
Professor at the School of Sport, Italian National Olympic Committee (CONI) Rome |
| 12:45 | The Advantages of Quitting Smoking, Maria Caterina Grassi,  
Professor of Pharmacology and Toxicology, “Sapienza” University of Rome |
| 13:15 | Discussion |
| 13:30 | Closure |

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In association with:

- [SIPREC](#)  
  Società italiana per la prevenzione cardiovascolare
- [SOCIETA’ ITALIANA PER LO STUDIO DELL’ATEROSCLEROSI](#)
- [EHN](#)  
  Fighting heart disease and stroke  
european heart network
- [SINut](#)  
  Società Italiana di Nutraceutica

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