





Hey ladies...



Did anyone ask for snacks?



Fabi, your banana lassi's better than mine.

That's because Liv finally gave me her family's recipe. The secret's just a pinch of cardamom and a little...

Hey! Don't give it all away!



Eighteen years... and we're all here.



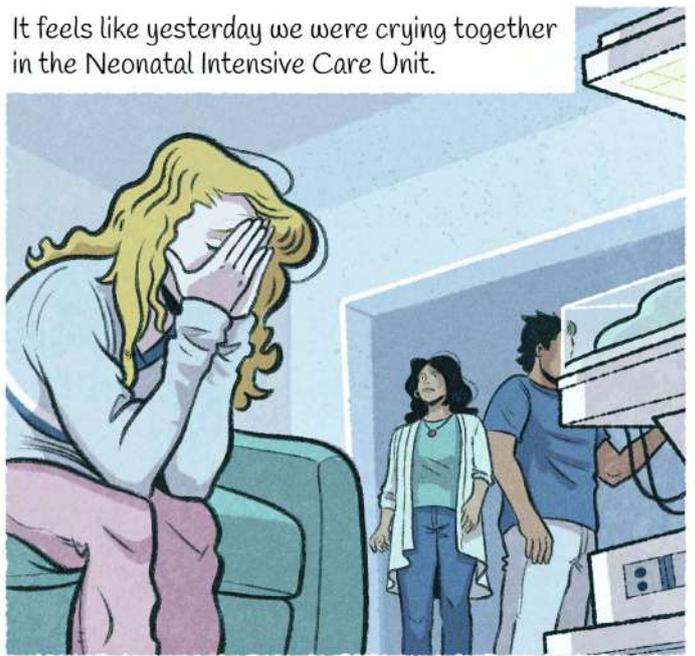
Hey... what do you think those four are going on about?

Oh please. You know exactly what.

THE NICU!



I never imagined how fast time would pass. Look how far we've all come.



It feels like yesterday we were crying together in the Neonatal Intensive Care Unit.



How many weeks?

27... she was born two days ago...

My son, Adam, was born at 31 weeks. We've been here for two weeks now.



You know, I was terrified at first...

But I've learned to really observe Adam, to understand his needs.



I'm exhausted. And scared.



That's completely normal... By the way, I'm Liv.

Fabi.



Remember how we used to talk about the future like it was this distant galaxy?

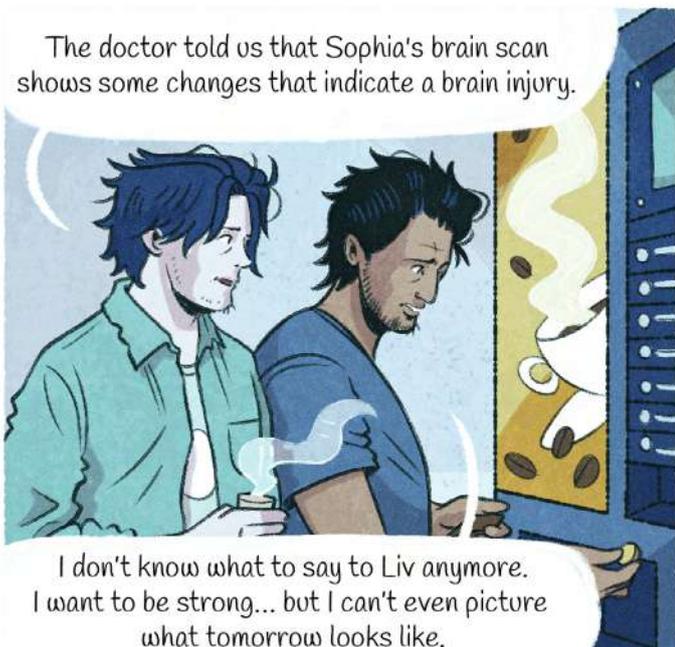
Like we might never reach it.



The uncertainty was overwhelming. I thought everything I'd dreamed for Sophia was gone.



We were terrified. But we had each other. That made all the difference.



The doctor told us that Sophia's brain scan shows some changes that indicate a brain injury.

I don't know what to say to Liv anymore. I want to be strong... but I can't even picture what tomorrow looks like.



Hey, you don't have to picture it alone. When this is over, I'm bringing Sophia to meet Adam. I've got a feeling they'll hit it off.



Hey Adam, check my backpack. I have something for you.

It's your birthday! I'm supposed to give you stuff, right?

Yeah, yeah. Just open it.



No way! Mister Fogg?! I remember how devastated I was when he went missing! Wait... where and how did you find him?

My mum found him in a box while cleaning.



In the NICU

You've got the monitors, nebuliser, syringes, kangaroo care wraps, care log journal, baby scale, pulse oximeter...



And one small lion. For courage.



He's a fighter. Just like your boy.

Hearing him every day is just the best feeling.



Sophia's feeding can be a challenge. She tires quickly, so we have to go slow.



Some days, when Sophia smiles at me, it makes all the hard moments fade away.



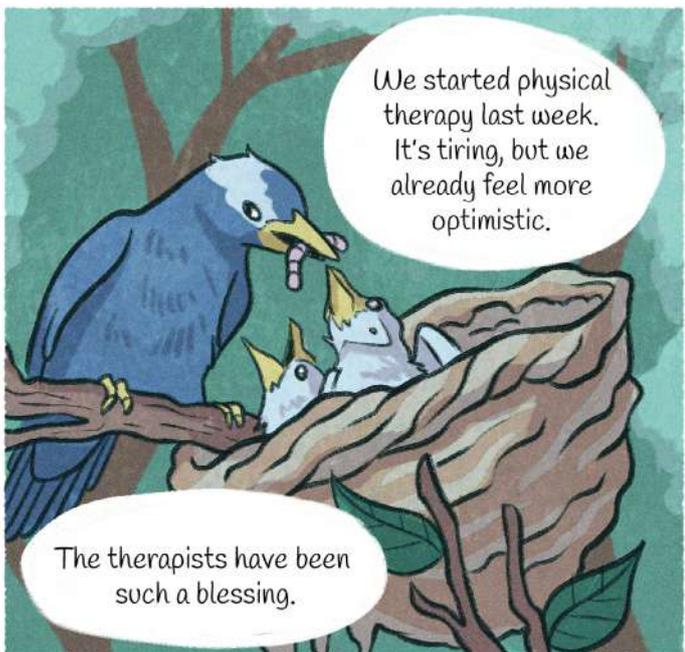
Those smiles are our fuel.

Adam still needs so much care, but his determination amazes us every day.

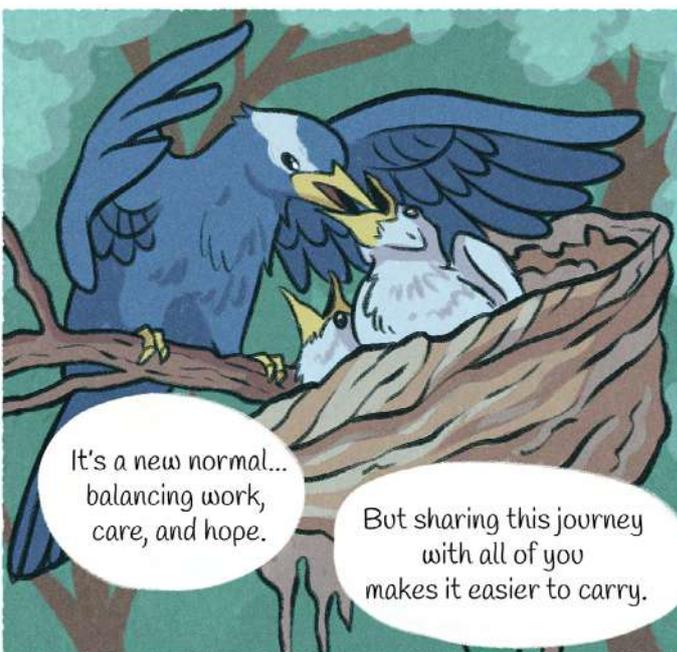


We keep reminding ourselves progress doesn't always look like we expect.

We started physical therapy last week. It's tiring, but we already feel more optimistic.

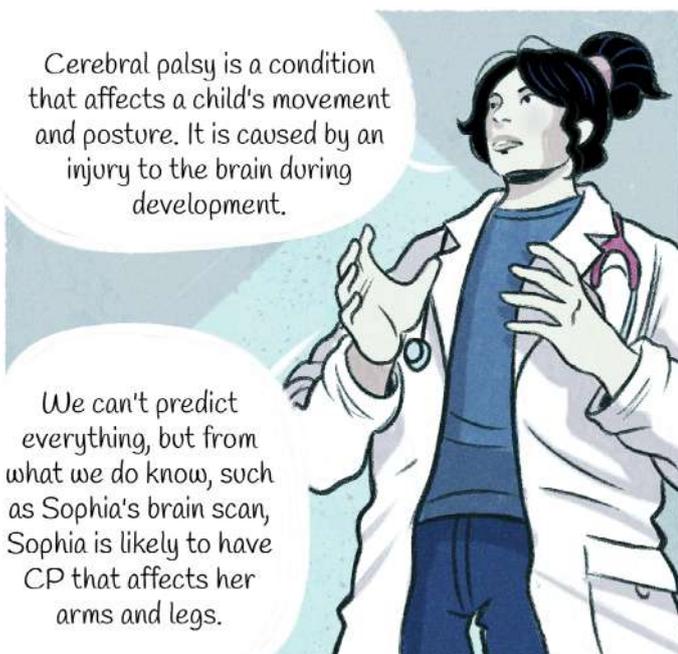


The therapists have been such a blessing.



It's a new normal... balancing work, care, and hope.

But sharing this journey with all of you makes it easier to carry.



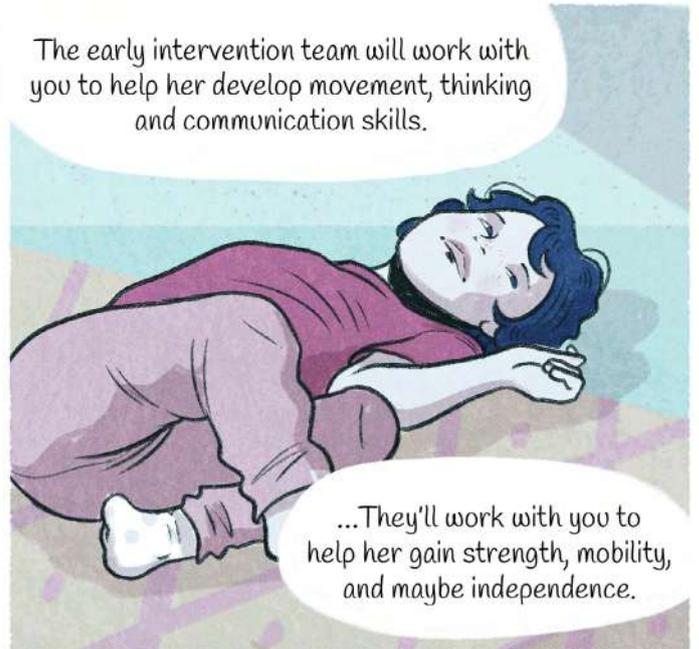


What does that mean for her future?

It means we have a clearer path now, a plan to help her grow and thrive.



I know this is a lot to take in. But you're not alone. From here, we build a care plan, step by step. We'll bring in a team to support Sophia...



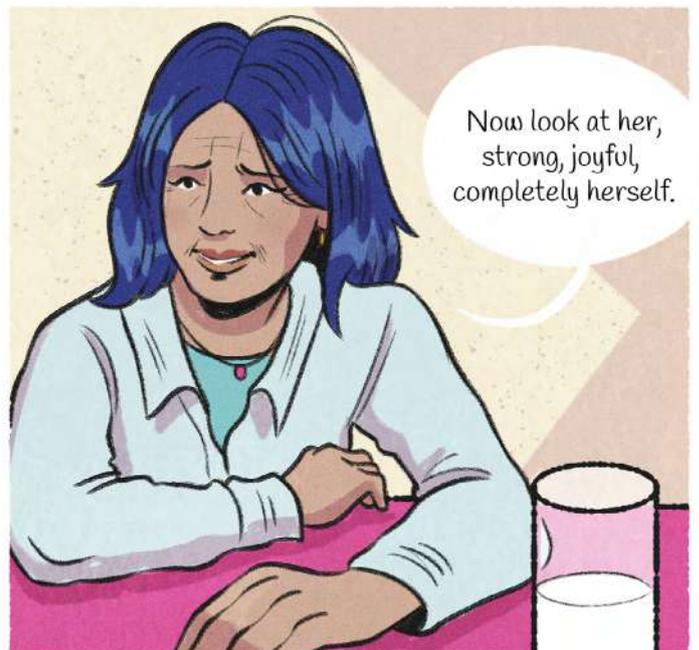
The early intervention team will work with you to help her develop movement, thinking and communication skills.

...They'll work with you to help her gain strength, mobility, and maybe independence.

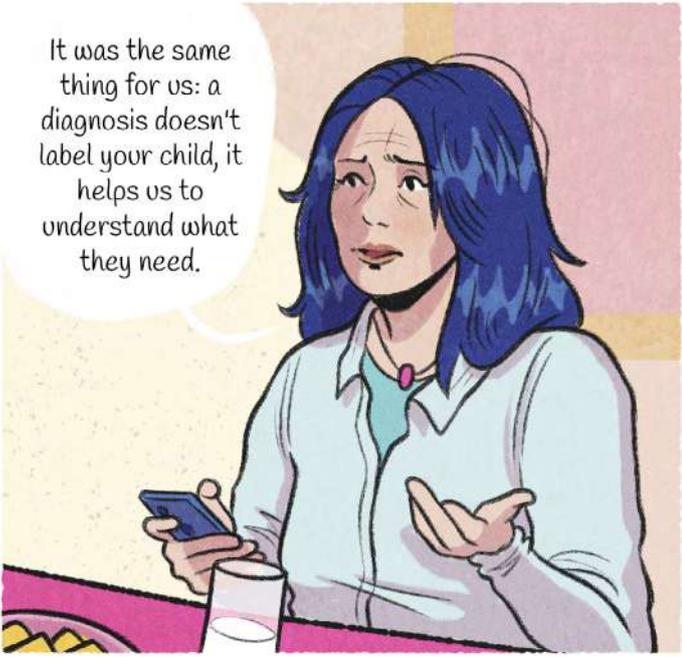


Will she ever walk? Talk? Go to school?

We can't predict everything. What do you think about having weekly swimming and physiotherapy sessions? You never know...Sophia might turn out to be a future Olympic swimmer or ballet dancer!



Now look at her, strong, joyful, completely herself.



It was the same thing for us: a diagnosis doesn't label your child, it helps us to understand what they need.



Remember Adam's first day of school?

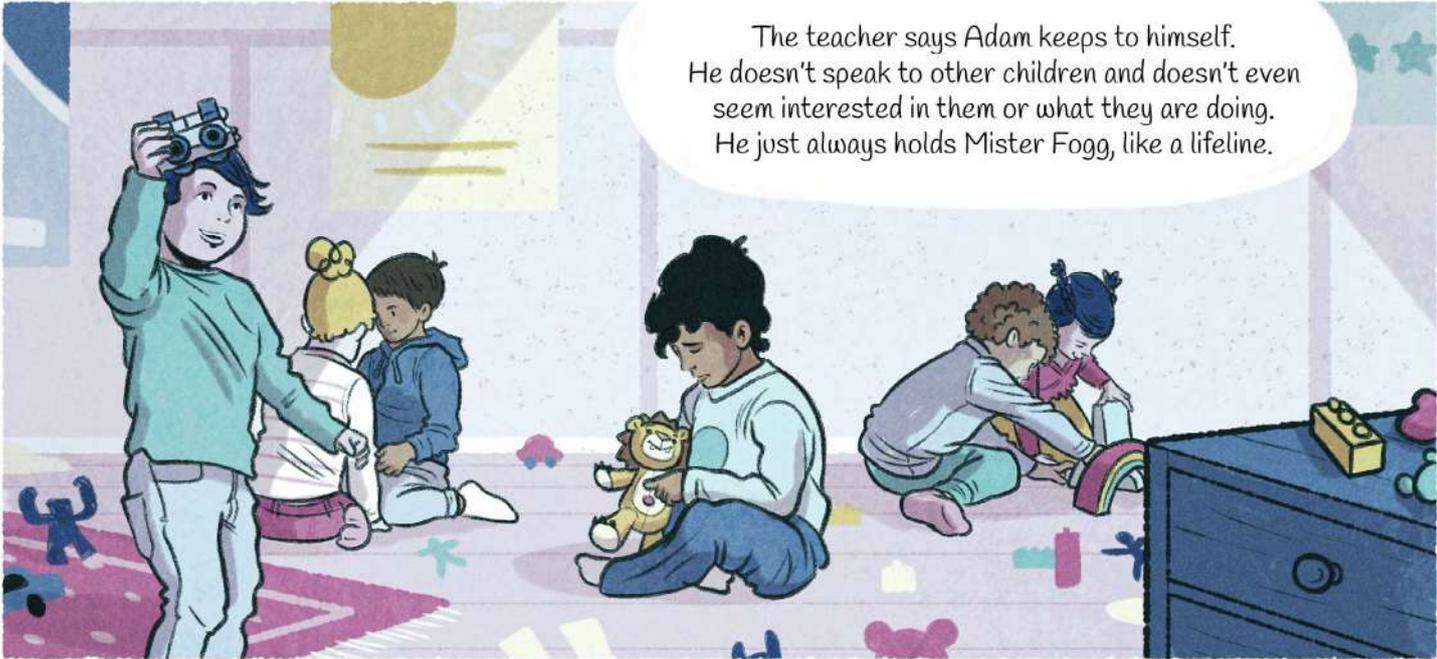


Fabi, it was a disaster. I knew Adam had trouble trying new things, but today... it was clear that he was different from the other kids.



He couldn't stand the sounds of children playing and shouting in the playground, he walked through other children's games without realising.

Then strict rules in the classroom, fast-paced learning, new routines... it overwhelmed him completely, like he was lost in a storm and didn't know how to escape.



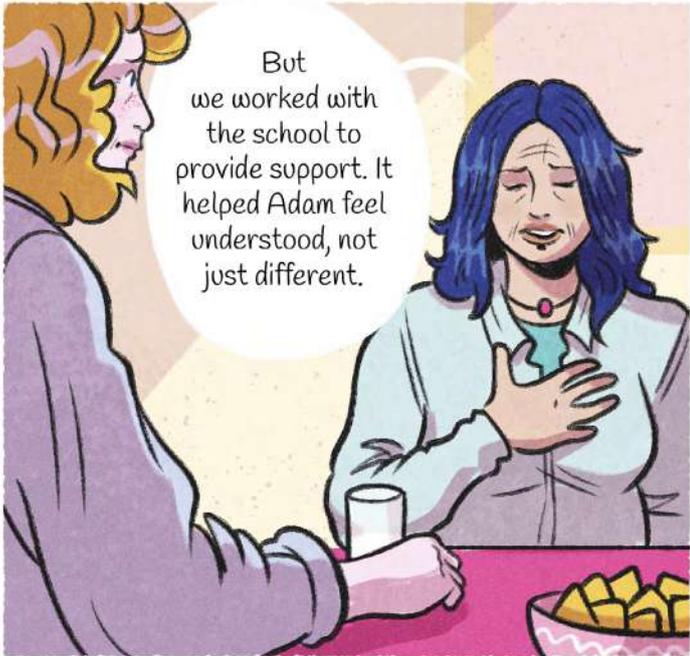
The teacher says Adam keeps to himself. He doesn't speak to other children and doesn't even seem interested in them or what they are doing. He just always holds Mister Fogg, like a lifeline.



The rules of playing with other kids, waiting your turn, sharing toys, listening, were hard for Adam. It left him confused and frustrated. He just didn't understand it and couldn't cope.



Even at home, focusing was a battle. Every task felt like climbing a mountain for him.



But we worked with the school to provide support. It helped Adam feel understood, not just different.



You've done an amazing job, Liv. Sometimes the hardest part is just knowing what's really going on.





The wheelchair isn't just about mobility, it will help Sophia save her energy. She won't get as tired moving around. It also supports her posture.



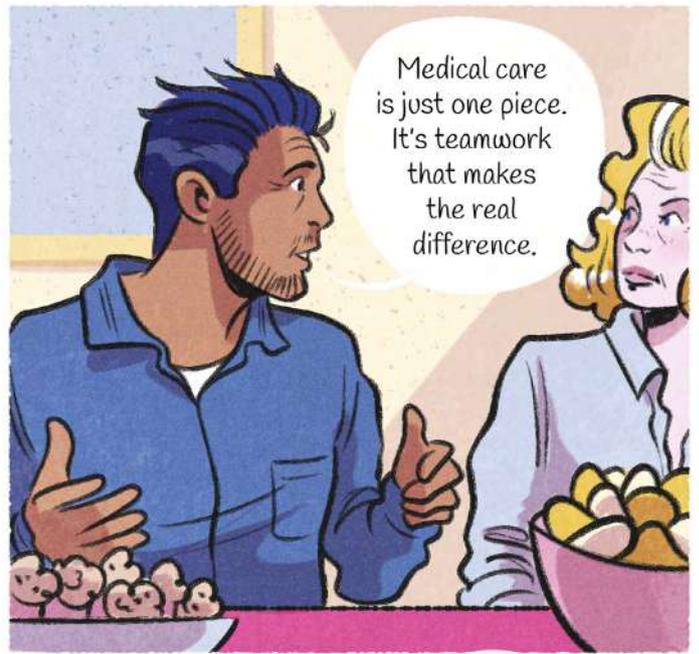
This means she can participate in more activities throughout the day, playing, learning, and being with friends. It's a tool for independence, a way for Sophia to explore her world on her own terms.



But I soon realised it means freedom.



What truly helped us through this journey was our support system.



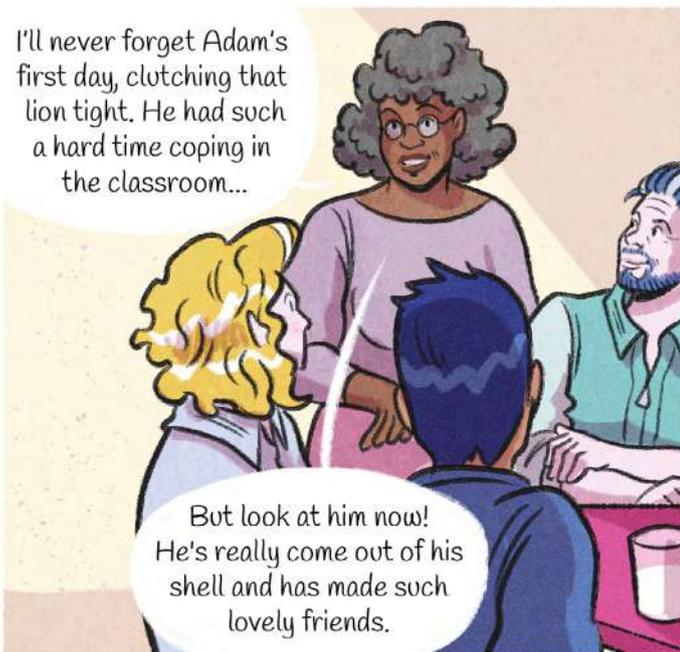
Medical care is just one piece. It's teamwork that makes the real difference.



Hey we were just talking about you!

We couldn't have done it without you.

It truly takes a village.



I'll never forget Adam's first day, clutching that lion tight. He had such a hard time coping in the classroom...

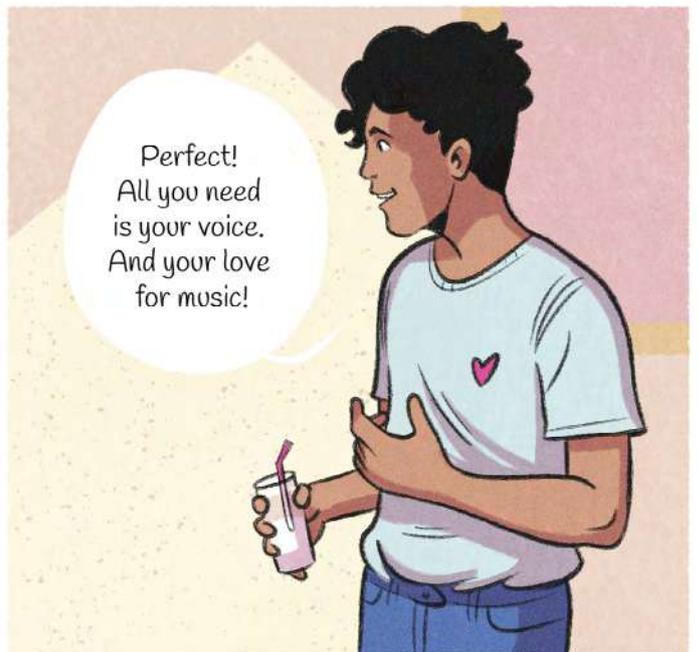
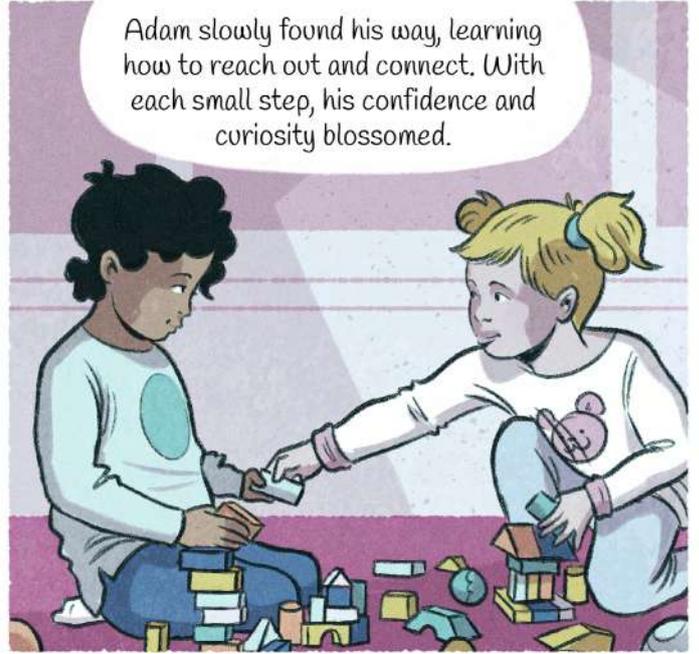
But look at him now! He's really come out of his shell and has made such lovely friends.



Hi Liv, Jan. Thanks for coming in. I want to make sure Adam feels safe and supported here.

We're a bit worried about how he's fitting in.

That's okay. We'll take it one step at a time.





# HAPPY BIRTHDAY SOPHIA!!!



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